**Manatee High School JROTC**

**Bradenton, FL 34205**

**211300SEP2023**

**MOI [Cadet Challenge AY 23-24]**

**References:**

(a) JROTC Cadet Reference

(b) JROTC Curriculum, Unit 1, Chapter 5 and Unit 3, Chapter 4

1. **Situation.**
	1. Location. The AY 23-24 Cadet Challenge will be conducted in the vicinity of the track on the south side of the Manatee High School South Gym. If there is inclement weather, events will be moved to an alternate day or moved inside the gym where applicable.
	2. Weather. The average weekly high temperature is °88F. The average weekly low temperature is °72F. The average humidity is 77% with a %0 chance of rain. The average weekly sunrise is 0731 hours, which is the start of 1st period, so there is a possibility of a short period of limited visibility for Alpha Company.

**2. Mission:** Manatee High School JROTC conducts the Cadet Challenge throughout AY 23-24 to assess and improve the physical fitness of the cadets while promoting a healthy lifestyle.

**3. Execution.**

1. Commander’s Intent. The Cadet Challenge has many factors that come into play in order to be run properly. All members of the Battalion play a role, cadets will patriciate to their fullest abilities, Company Leadership will mentor and push the cadets as well as demonstrate how the events are completed properly. Staff will work behind the scenes setting up and running the Cadet Challenge. Staff members will assist each other where it is needed to ensure the Challenge is set up and the results of the Battalion’s cadets are accounted for.
2. Concept of Operation. The Cadet Challenge is part of the Hurricane Battalion’s Continuous Improvement Plan to improve physical fitness and healthy living. The Cadet Challenge consists of both education and physical fitness throughout the academic year. Cadets will participate in physical fitness training each Friday that is tailored by company leadership to help Cadets continually improve their fitness. Additionally, there will be two, five-day formal assessments. The Fall assessment is 2-6 October 2023, and the Spring assessment is 5-9 February 2024. Both assessments will follow the same model. The Physical Training Days leading up to the Cadet Challenge will be used to allow company leadership to provide an overview of the standards and a demonstration for each event. Monday through Wednesday will consist of the Cadet Challenge Events (see details below). Thursday and Friday are the designated make–up days for inclement weather and Cadets who were not present or could not perform on previous days. Upon completion of each formal Cadet Challenge assessment, the company leadership is responsible for submitting data to the Battalion S3.
3. Monday: Curl-Ups & Push-Ups
4. Tuesday: Pull-Ups/Flex-Armed Hang & Shuttle Run
5. Wednesday: V-Sit Reach & One-Mile Run
6. Thursday: Make-Up Day
7. Friday: Make-Up Day
8. Tasks to Subordinate Units.
9. CIP NCO.
10. Overall responsible for the battalion’s Continuous Improvement Program.
11. Coordinate with the C/CSM to develop and implement a plan for interim fitness incorporated into weekly PT plans. Monitor progress and adjust the plan as necessary to ensure progress towards goals.
12. Coordinate with the battalion staff and companies to prepare the final assessment for the annual JPA.
13. Coordinate with the C/S3 to facilitate an AAR after each iteration of the Cadet Challenge.
14. Create Excel worksheets for Company XOs to assess the improvement of cadets from the first assessment of the year to the second.
15. C/S1.

(a) Provide current Cadet rosters to the companies for accurate tracking.

(b) Verify Cadets unable to participate in Cadet Challenge events.

(c) Assist with putting cadet scores into JUMS if necessary.

1. C/S2.
2. Develop risk assessment.
3. Monitor weather during execution to keep the commander informed of potential impacts.
4. Ensure water is on-sight and available at all times. Promote hydration to cadets throughout all activities during Cadet Challenge.
5. C/S3.
6. Provide companies with the score sheets and grading standards.
7. Monitor progress throughout the year.
8. Conduct analysis after each Cadet Challenge.
9. Overall responsible to ensure Cadet Challenge data is updated in JUMS.
10. Coordinate with the CIP NCO to prepare final CIP assessment for the JPA in March 2024.

1. C/S4.
	* + - 1. Coordinate with companies to ensure all required equipment is available and serviceable.
				2. Supply C/S2 with water jugs for the cadets.

(c) Assisting C/S3 with entering cadet scores into JUMS if needed.

1. C/S5.
2. Take photos/video.
3. Designate Cadets to take photos in each period.
4. Assist the companies in promoting the Cadet Challenge.
5. C/S6.
6. Ensure current Cadet Challenge information is posted on the battalion website.
7. Ensure that technology is available to input assessment data.
8. C/CSM.
9. Establish weekly physical training plans designed to improve physical fitness.
10. Ensure all Cadet Challenge graders are trained and rehearsed prior to execution.
11. Monitor execution to ensure training is executed to standard.
12. C/LTC.

1. Provide input to the C/CSM on physical training and lead weekly PT.
2. Coordinate with the C/S1 to verify Cadets unbale to participate.
3. Track improvement for their Cadets throughout the semester and provide input to the battalion chain of command on the effectiveness of the PT plan.
4. Provide completed score sheets to the battalion S-3 within one week of the completion of each formal assessment (20th October 2023 and 23rd February 2024 respectively).
5. Coordinating Instructions.

1. Uniform for weekly PT and for the Cadet Challenge assessment is the MHS JROTC PT uniform (tan shirt and black shorts) and closed-toe athletic footwear.
2. All Cadets review event standards and grading in the LET 1 textbook (Chapter 5, Lesson 2).
3. Cadets not available for the assessment will compete in the Cadet Challenge during an alternate date and time determined by the Cadet chain of command.
4. Any staff members assigned to helping with inputting scores will assist the C/S3 to update all data in JUMS following both assessments if needed.
5. All Cadet Challenge scores should be completely inputted into JUMS no later than two weeks after the event has taken place. First Cadet Challenge scores must be input by October 20th. The second Cadet Challenge scores must be complete by February 23rd.
6. The Company seen with the most improvement in scores will receive a free PT which allows the company to choose what activity they would like on any given Friday as a reward for their performance.

**4. Supply and Logistics.**

* + - * 1. Meals. N/A
				2. Water. Water will be provided at the training site each day of execution and during all PT sessions.
				3. Equipment. Paper cups, 2 Water jugs, Shuttle run box, V-sit materials,
				4. Transportation. N/A.
				5. Safety. JROTC Instructors will monitor training. Injured Cadets will be evaluated by the school Nurse and evacuated as dictated by the urgency of the situation.

ACKNOWLEDGE:

BURNETTE

C/LTC

OFFICIAL:

CHOLLETTE

C/S3